## TOT-ANEMIA PREVENTION- 3/12/22

NARCHI Delhi branch in collaboration with Directorate of Family Welfare, Govt of NCT of Delhi organized a training of trainer's program for health care providers for capacity building in prevention of Anemia in pregnancy on 3.12.2022 at ME Hall SJ auditorium, Lady Hardinge Medical College, New Delhi.

The aim was to impart training to Specialists and Medical officers for testing, treating, counselling and tracking of anemia patients.

The program was attended by 51 medical officers of government and private hospitals (inclusive of Ayush and homeopathic) across Delhi.

The program started by a brief overview of the Anemia Mukt Dilli campaingn of NARCHI Delhi by Dr.Manju Puri, President NARCHI- Delhi branch. This was followed by a talk by Dr. Aparna Sharma about sensitization and training of ASHA & ANMs and how to train them towards anemia prevention. The national Anemia Mukt Bharat Guidelines were shared by Dr.Kanika Chopra. Dr.Swati Agrawal introduced the audience to the resource material and elaborated about the behavior change process. Dr. Shilpi Nain presented a QI project undertaken at LHMC which had resulted in reduction in incidence of anemia in pregnancy at the facility. Dr.Jyoti Sachdeva shared the activities done by the Directorate on occasion of iron deficiency anemia awareness day and detailed the various initiatives which are under process for anemia prevention. Dr.Swati Agrawal presented the standard operating procedure(SOP) for operationization of anemia prevention (T4) room and also shared a sample pamphlet for distribution to anemic women.

In the end, all participants took a pledge for anemia prevention.

The event ended with a vote of thanks by Dr.Manju Puri.







